



**COASTAL BALLET**  
Center For The Arts

## **NUTCRACKER 2024**

### **SHOW GUIDELINES FOR DANCERS**

We are thrilled to begin preparations for Coastal Ballet's first Nutcracker! The Nutcracker is a tradition in ballet, and we look forward to sharing it with the North County community.

In the following policies, you will find detailed information regarding the performances, rehearsals, costumes, and much more. We look forward to working with your dancers to create a memorable Nutcracker experience.

#### **PARTICIPATION DETAILS**

Students enrolled in Coastal Ballet are welcome to perform in The Nutcracker. Please read these policies carefully and then submit the registration form. The non-refundable participation fee is \$300, \$150 for a second dancer in a family, and \$50 for a third. Parent dancers are free. The deadline to register is October 1.

#### **REHEARSALS**

It is very important that students attend ALL rehearsals for a cohesive and successful show. Time is tight this year and we need all the time we can get.

- Dancers are allowed to miss 2 rehearsals due to illness or reasons pre-approved with the rehearsal director. Students who miss more than 2 rehearsals risk being replaced. Please reach out to us if you have special circumstances.
- If an upper level student cannot learn or perform the choreography for his or her respective role(s), he or she may be removed from the role(s).
- It is very important that students arrive early and are fully prepared to begin rehearsals on time.
- The rehearsal schedule will be posted in the portal. Please check back often for updates. Rehearsals are subject to change.
- There will be a mandatory dress rehearsal the Friday before the show.

## **COSTUMES AND APPEARANCE**

- All costumes are the property of Coastal Ballet. The Nutcracker Performance Fee includes costume rental. Students will be notified when costume fittings are to be scheduled for their respective roles.
- All dancers should provide their own tights and skin tone leotard. Depending on casting, dancers may be asked to provide their own black leotard or other *basic* dance costume bases.
- Dancers receive all costume pieces in a labeled garment bag. You are responsible for any lost costume pieces, so take care of it. Ensure that as you remove your costume, you collect all parts and hang together and are taken care of.
- Dancers will be informed about costume details by the Costume Leads. This could include specific colored tights, specific type or color of shoes or leotard, or if there is need to buy a small piece for the costume.
- Hair must be worn in a clean ballet bun – no wispy or loose hair – unless otherwise communicated. Use plenty of hair pins, bobby pins, hair gel, hair spray, and an invisible hair net.
- Dances level 2 and up should wear full stage makeup and eyelashes. Younger dancers should wear light make-up.
- Nail polish, visible tattoos and jewelry are not allowed.

## **THEATER ETIQUETTE**

- Students are not allowed to eat, drink, chew gum, or sit on the floor in costume.
- Clean up after yourself! Remove what you bring in, or place in onsite trash cans.
- Pick up your costume. Ensure that all pieces are together and off the floor.

## **VOLUNTEERS**

We rely on volunteers to assist our young dancers only, and to run our lobby activities. As a parent of a dancer, you are required to volunteer in some capacity. Well before the show, our volunteer coordinator will make available a list of volunteer activities and ask for your commitment. Please contact them if you have questions.

Only authorized volunteers are allowed in the backstage area. Any person not authorized to be in the backstage area will be asked to leave that area.

## **ITEMS TO REMEMBER**

- Clean ballet shoes, pointe and/or ballet slippers
- Extra tights
- Nude leotard
- Any other items of your own that are required for your costume (ie. black ballet slippers, black leotard, etc.)
- Open-front sweatshirt
- Makeup kit
- Hair spray
- Bobby/hair pins, hair bands, hair net
- Brush or comb
- Mirror
- Water
- Snacks
- Booties or slippers for protecting your shoes